



RECOMENDADO  
PELA CASA REAL  
PORTUGUESA

# IN & OUT



**PESTANA**  
**POUSADA**  
**UISEU**  
HISTORIC HOTEL  
PORTUGAL

The foundation stone  
of this building was laid  
in 1793.



# IN

**R**eaching Viseu is, in itself, an experience. Located in the mountainous central region, roads and motorways provide you an impressive and majestic view at every turn, encouraging contemplation and inner peace. By following the signs to the historic center, you approach the Pousada de Viseu, without realizing it. Clean streets, well-kept homes and manicured gardens add to the feeling of well-being and tranquility. When you find it is the old hospital street, the surprise increases: absolutely stunning, this former hospital, completely rebuilt and adapted by architect Gonçalo Byrne in 2009, is an imposing landmark in the landscape of categorical and more peaceful urban center of Portugal.

It is impossible to remember the past without it being for its grandeur, when contemplating the building, whose construction was ordered by D. Maria I.



“Que viso eu?” (What do I see?) asked a watchman on sighting the enemy. From this expression, Viseu took its name.

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IN



## CLAUSTRO DA POUSADA

The entrance is jaw-dropping, with its spacious and comfortable cloister, where the various nooks create different environments and where the sky, always visible through contemporary roofing, shows all its natural splendor. Modern lines respect of what the neoclassical space has to offer: the stonework, windows, arches and stairways shine with their own light, enchanting and mesmerizing.

Sit in one of the comfortable brown sofas and watch the white and granite around you: punctuated by a colorful bar area with a grand piano, where guests who know how to play are free to show their skills; the amplitude of the cloister helps to multiply the time by eliminating the rush of their days and their decisions.

This space, which turns into jazz concert hall on Friday and Saturday the piano, helps you to immediately realize the epicurean nature of your stay. After all, the Pousada de Viseu is the only place where you can find a place lounge with spirits within the old pharmacy.

With a few steps, you'll arrive at the Dom Duarte room, a unique wine room with several references to find out more about this booming wine region. Many from Dão and also some from Alentejo, here you can learn more about wine that will accompany your meal at the restaurant, or even try a different wine, which you can take with you or simply enjoy in this unique and unusual space.

IN



## FACILITIES

Historical Surroundings  
Air Conditioning  
Spa  
Outdoor Swimming Pool  
Indoor Swimming Pool  
Cloister  
Terrace  
Parking  
2 Restaurants  
Bar  
Wine Bar  
Gardens  
Meeting Room  
Gym  
Smoking Room  
Exchange  
64 Rooms  
20 Suites  
Beach 16 km

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Rua do Hospital  
3500-161 Viseu

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**GPS**  
**N: 40 39.170**  
**W: 7 54.814**



## RESTAURANTS OF THE POUSADA



In the Lafões restaurant is the breakfast area, behind huge original gates wrought in iron. A very complete buffet with clear tables and plenty of privacy help start the day in the best way.

But it's Viriato restaurant, with its original interpretations of the typical regional cuisine, that will dazzle you. Get ready to find many of the city's personalities having business lunches or dining in celebration of some event: the Viriato is sophisticated, elegant and discreet, a perfect match for these occasions.



IN



# RESTAURANT OF THE POUSADA

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## ESPECIALIDADES

Cream of chestnut gratiné with  
regional anise and cheese

Green Broth

Carqueja Rice

Roast Veal

Octopus Lagarada

lamb puffs

Cod Fillet Roasted with  
Corn bread

Paiva Trouts  
(Depends on the season)

Ham, sausages  
and 'Serra' cheese

Carolo Porridge

Milk Custard

Pumpkin Foundant

Bean Tarts and Vouzela Cakes

Cavacas de Viseu

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Number of seats: 46

The dishes are subject to chage without prior notice.

“Antiqua et Nobilissima”  
 (“Very Old and Very Noble”),  
Viseu is a town where history  
and stories merge at each step.

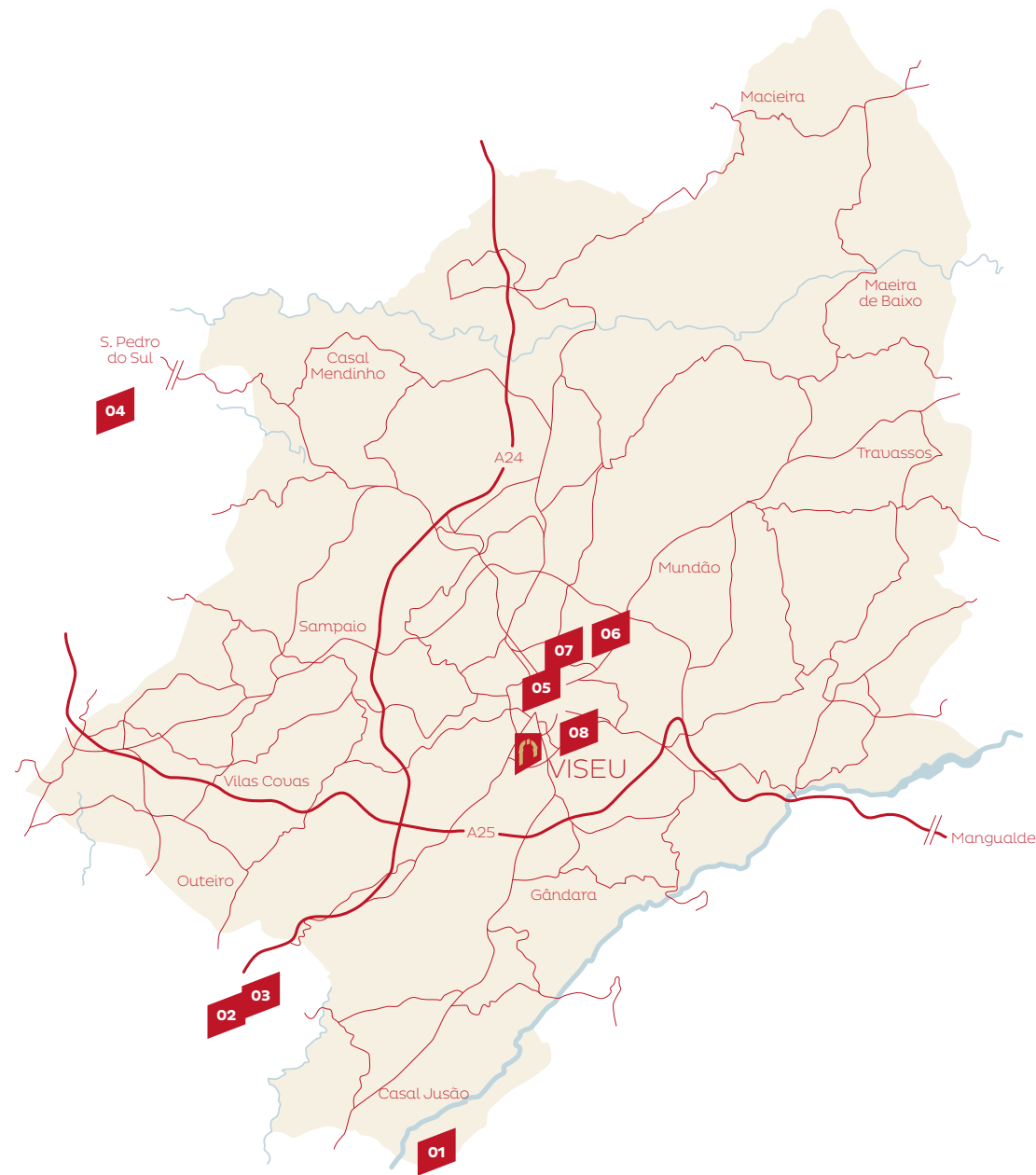
# OUT

Viseu was initially integrated in the Portucalense County.

Here, the first Royal family had its residence, and Queen Teresa, the wife of Count Henrique, granted it the charter in 1123, even before the Kingdom of Portugal was established (1143).

The Lusitanians left us their name, their character and the figure of the legendary Viriato, peasant and warrior, who became the symbol of the resistance against the Roman conquerors. From the primitive pre-historical communities to the Celts and Lusitanians, Romans, Suebi, Goths and Muslims – all left their mark and contributed to the town we enjoy today.

It is worth visiting places like the Cave of Viriato, the Sanctuary of “Nossa Senhora dos Remédios”, the Botanical Reserve and in the urban centre, the architectural ensemble of the Cathedral, the Grão Vasco Museum, the Passeio dos Cónegos, the Aljube Tower and the Main Church.



- 01** CASA DE SANTAR WINE TASTING
- 02** MONTEBELO GOLF
- 03** BTT IN SERRA DO CARAMULO
- 04** TERMAS S. PEDRO DO SUL

- 05** PATHWAYS
- 06** DAYTIME TOUR WITH THE TOURIST TRAIN
- 07** HIKING - FONTELO PARK
- 08** FUNICULAR RIDE
- 09** GO GREEN



## TO DO

Knowing Viseu is starting a trip through time and space, leading us to the beginnings of the nationality and the genesis of the identity of the Iberian Peninsula.

There are two ways to visit Viseu: on foot, strolling through the granitic streets and exploring each monument, each stone, each mark of time; or with the comfortable tourist train, which reveals the monumental and perennially unique Viseu both day and night.

## OUT



## TO DO



### ACTIVITIES

CASA DE SANTAR WINE TASTING

MONTEBELO GOLF  
Faminhão - Viseu

BTT IN SERRA DO CARAMULO

TERMAS S. PEDRO DO SUL  
Praça Dr. António José de Almeida  
3660-692 Várzea

### PATHWAYS

DAYTIME TOUR WITH THE TOURIST TRAIN

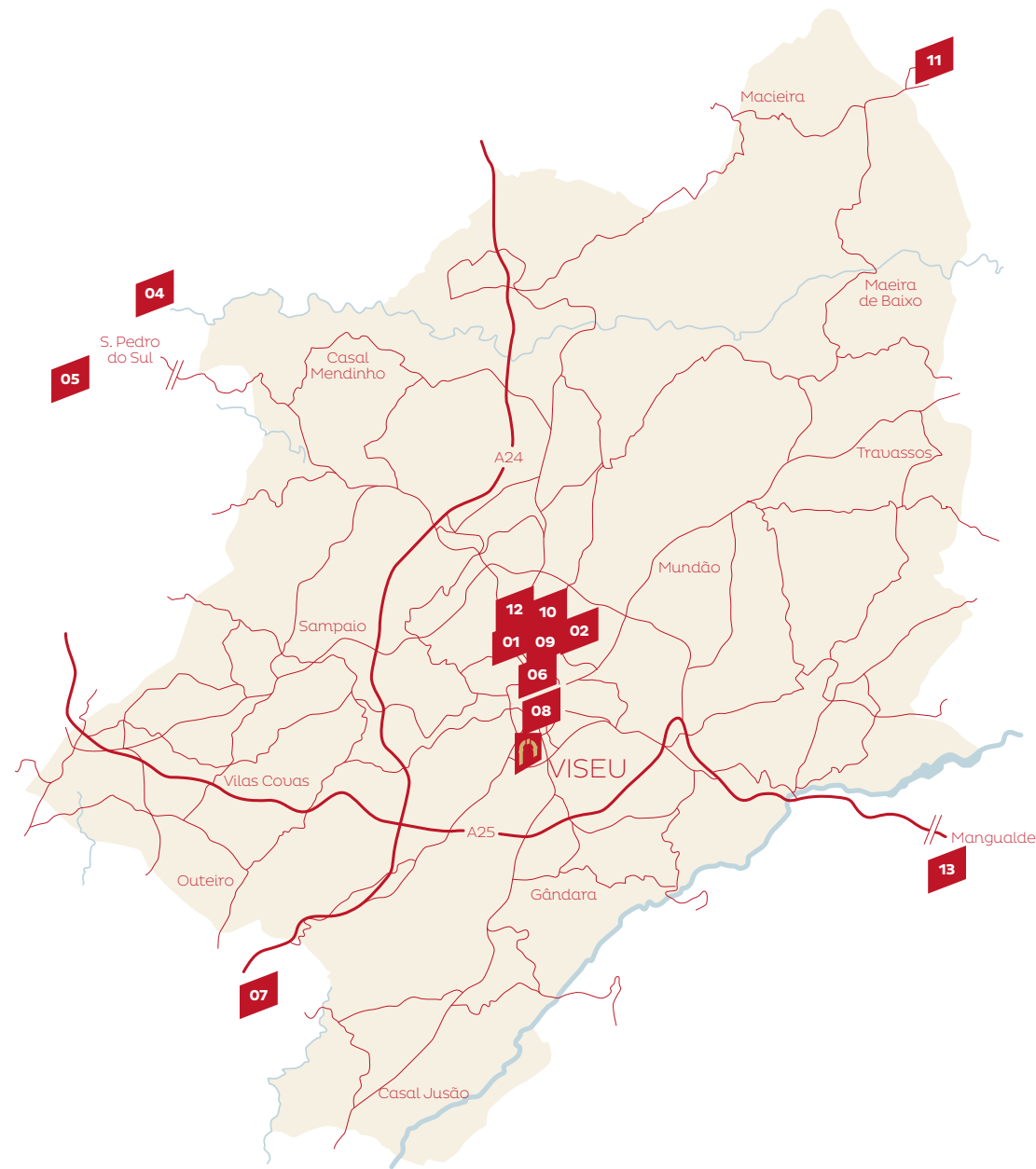
HIKING - FONTELO PARK

FUNICULAR RIDE

GO GREEN  
Ecological itinerary made in a electric minibus  
in the historic center of Viseu



## OUT



**01** VISEU CATHEDRAL

**02** MAIN CHURCH

**03** NOSSA SENHORA DOS REMÉDIOS SANCTUARY

**04** SÃO PEDRO DO SUL WATER SPA

**05** CAMBARINHO BOTANICAL RESERVE

**06** GRÃO VASCO MUSEUM

**07** CARAMULO MUSEUM

**08** DOOR OF SOAR DE CIMA

**09** MUSEUM OF QUARTZ

**10** ALMEIDA MOREIRA MUSEUM

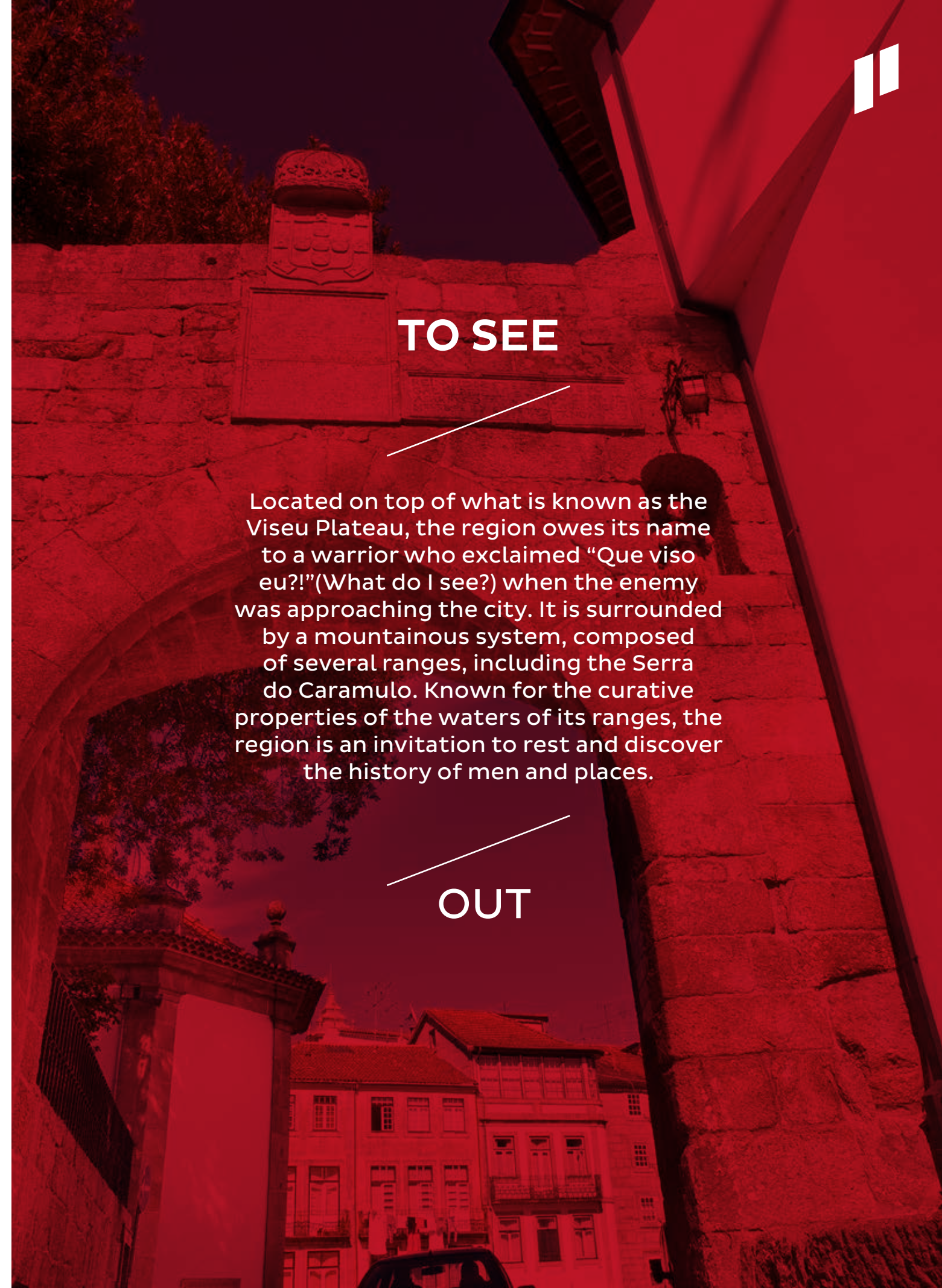
**11** CASTLE OF PENEDONO

**12** CAVE OF VIRIATO

## TO SEE

Located on top of what is known as the Viseu Plateau, the region owes its name to a warrior who exclaimed “Que viseu?!” (What do I see?) when the enemy was approaching the city. It is surrounded by a mountainous system, composed of several ranges, including the Serra do Caramulo. Known for the curative properties of the waters of its ranges, the region is an invitation to rest and discover the history of men and places.

## OUT





## TO SEE

**VEISEU CATHEDRAL**  
Adro da Sé - Viseu

**MAIN CHURCH**  
Adro da Sé - Viseu

**NOSSA SENHORA DOS REMÉDIOS SANCTUARY**  
Monte de Santo Estevão - Lamego

**SÃO PEDRO DO SUL WATER SPA**  
Termas de S. Pedro do Sul - Várzea

**CAMBARINHO BOTANICAL RESERVE**  
Cambarinho - Vouzela

**GRÃO VASCO MUSEUM**  
Adro da Sé - Viseu

**CARAMULO MUSEUM**  
Rua Jean Lucart 42 - Caramulo

**DOOR OF SOAR DE CIMA**  
Rua Nunes de Carvalho - Viseu

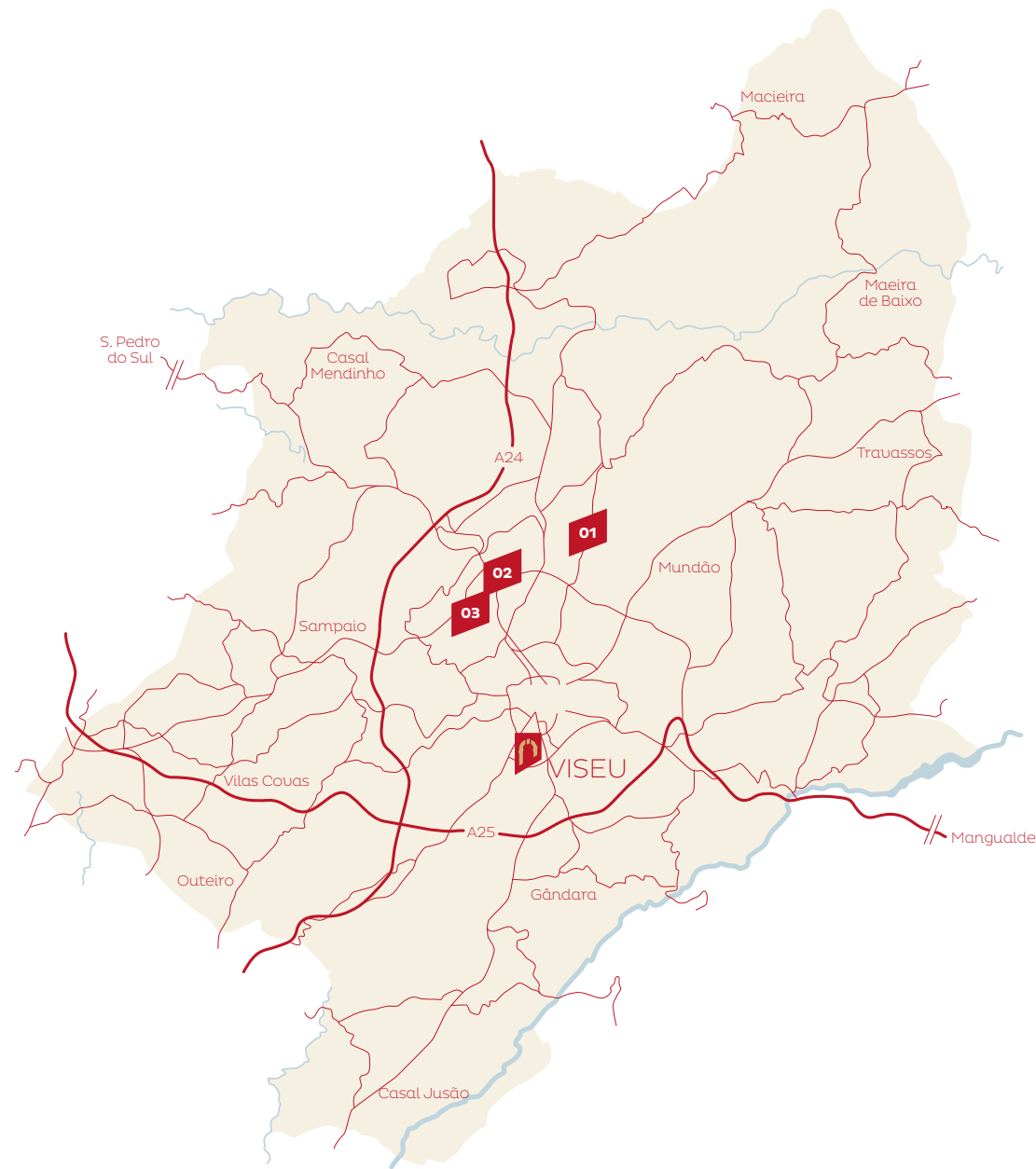
**MUSEUM OF QUARTZ**  
Monte de Santa Luzia - Viseu

**ALMEIDA MOREIRA MUSEUM**  
Rua do Solar de Cima - Viseu

**CASTLE OF PENEDONO**  
Penedono, Viseu

**CAVE OF VIRIATO**  
Avenida da Bélgica e Avenida Cidade de Salamanca Viseu  
(Perto do Largo da Feira de S. Mateus)

## OUT



- 01 SANTA LUZIA
- 02 MURALHAS DA SÉ
- 03 MESA DA SÉ

## TO EAT

In the heart of the Dão Lafões wine region, the gastronomy of Viseu is the most fortunate meeting point of the culinary traditions of the Serra da Estrela and the Douro River regions, offering its visitors a menu of strong dishes, intense taste and authentic preparation, as the people of this region are full of character and imbued with the know-how of the “Beira”.

## OUT



## TO EAT

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**SANTA LUZIA**  
Estrada Nacional, 2  
3515-331 Viseu

**MURALHAS DA SÉ**  
Adro da Sé  
3500-195 Viseu

**MESA DA SÉ**  
Rua Grão Vasco, 29  
3500-138 Viseu

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## TYPICAL DISHES

Beira Soup, Green Broth, Carqueja Rice, Roast Veal,  
Baked Codfish or Octopus, Roasted Lamb, Rice of Lamprey,  
Trout of Paiva, Ducky Rice, Ham and Sausage, Corn Bread, Cheese

## DESSERTS

Sweet Rice, Curd Pudding, Corn Pap,  
Chestnuts of Eggs of Viseu

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## OUT



**Pousada Amares** - Mosteiro de Amares  
**Pousada Crato** - Mosteiro do Crato  
**Pousada Faro** - Palácio de Estoi  
**Pousada Guimarães** - Mosteiro de Guimarães  
**Pousada Lisboa** - Terreiro do Paço



**Pousada Alcácer do Sal** - Castelo de Alcácer  
**Pousada Alvito** - Castelo de Alvito  
**Pousada Angra do Heroísmo**  
**Pousada Arraiolos** - Convento de Arraiolos  
**Pousada Beja** - Convento de Beja  
**Pousada Belmonte** - Convento de Belmonte  
**Pousada Évora** - Convento de Évora  
**Pousada Estremoz** - Castelo de Estremoz  
**Pousada Horta** - Castelo da Horta  
**Pousada Óbidos** - Castelo de Óbidos  
**Pousada Palmela** - Castelo de Palmela  
**Pousada Queluz** - Palácio de Queluz  
**Pousada Serra da Estrela**  
**Pousada Tavira** - Convento de Tavira  
**Pousada Viana do Castelo**  
**Pousada Vila Pouca da Beira** - Convento de Vila P. da Beira  
**Pousada Vila Viçosa** - Convento de Vila Viçosa  
**Pousada Viseu**



**Pousada Gerês** - Caniçada  
**Pousada Marvão**  
**Pousada Sagres**  
**Pousada Valença**  
**Pousada Ourém**  
**Pousada Ria**  
**Pousada Alijó**  
**Pousada Condeixa** - Coimbra  
**Pousada Bragança**  
**Pousada Marão**

