

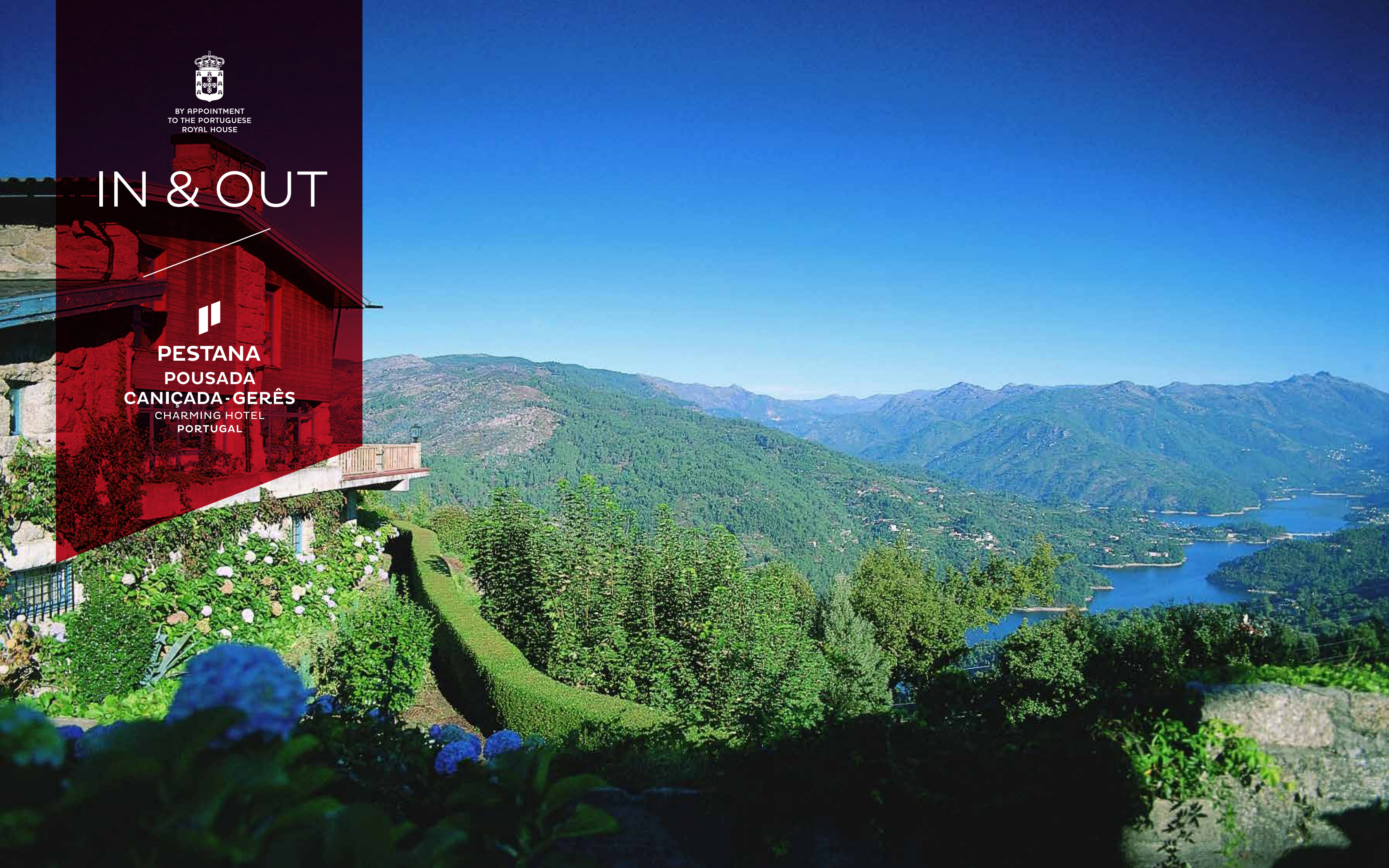


BY APPOINTMENT
TO THE PORTUGUESE
ROYAL HOUSE

IN & OUT



PESTANA
POUSADA
CANIÇADA-GERÊS
CHARMING HOTEL
PORTUGAL



The whole setting of the Pousada transmits an invigorating sensation of freshness and absolute relaxation.

IN

The Pousada do Gerês – Caniçada has an exceptional location in the heart of the Peneda-Gerês National Park – an area classified by the UNESCO as a World Biosphere Reserve. With a privileged view to the valley of the Cávado River and the Caniçada Dam, the Pousada is a veritable mountain refuge: interiors in wood and stone, rooms with mezzanines, corners with irresistible sofas and a fireplace to warm both hearts and souls on cold Winter days. In the Summer, the swimming pool and the terrace with panoramic views serve as an invitation for one to relax and sunbathe, enjoying the best landscapes. In the Winter, the lighted fireplaces give the guest an absolute sensation of seclusion and comfort, in a space in which the wide windows accentuate the contrast with the cold outside.



Allow yourself the experience
of a stay within a World
Biosphere Reserve classified
by the UNESCO.

IN



The Pousada is an authentic mountain refuge, in which the decoration transmits unparalleled comfort.

IN

INSTALAÇÕES

Surrounding Landscape
Air Conditioning
Restaurant
Bar
Outdoor Swimming Pool
Games Room
Gardens
Gardens
Parking
WiFi Access
Voltage 220 Volts
Laundry (external service)
Central Safe
Cable TV
Hairdryer
Number of Rooms
Number of Suites

4850-047 Caniçada

GPS
N: 41 38.852
W: 8 11.109



RESTAURANT OF THE POUSADA



The Restaurant of the Pousada offers a menu with traditional Portuguese dishes, based on the freshest regional and seasonal products. In the North, gastronomy is immensely rich and abundant in quality as well as in quantity. And the restaurant's specialities are no exception: Minced Meat Porridge, Roasted Kid, Barrosã Beef Padeira Style and Pork strips Minho Style are among the delicacies you will try again and again. The combination of all these flavours and the extraordinary panoramic view make the visit to this restaurant a wonderful experience.



IN



RESTAURANT OF THE POUSADA

SPECIALITIES

Minced Meat Porridge

Gratinéed Cod Fish, Mashed potatoes

Roast Kid Goat

Priscos Abbot Pudding

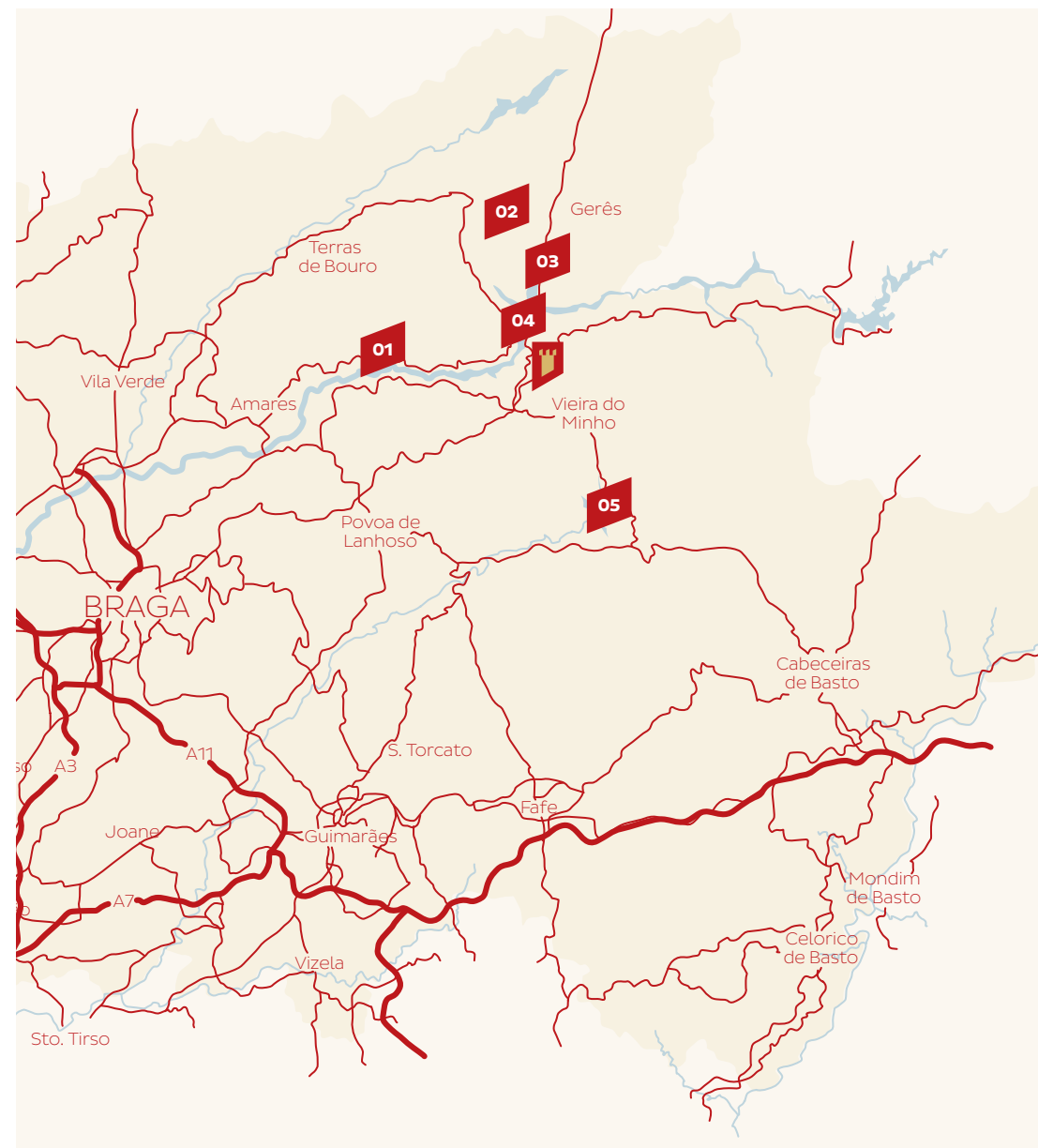
Number of seats: 60

Os pratos estão sujeitos a alteração sem aviso prévio.

The Gerês conveys freshness, thanks to its abundant green and the predominance of rivers with crystalline waters.

OUT

In the heart of the Minho Region, the Peneda-Gerês National Park is the continuation of the Cantabrian mountain range; it is the second highest mountain range in Portugal. These 72,000 hectares of protected area, full of valleys, dams, cascades, crystalline waters and an enormous bio-diversity offer invigorating freshness and energy, and make an excellent destination for any mountain and outdoor lover. While the forests, the waterlines and the green slopes show the environmental purity, the meadows and the fields constitute the marks of the present rural character of the region. The best way to explore this region is to begin the discovery of the many pedestrian trails that visitors can also explore riding on horse, biking or on a 4x4 quad.



01 PIQUENIQUES

02 MATA DA ALBERGARIA)

03 TERMAS E SPA DO GERÊS

04 ALBUFEIRA DE CANIÇADA

05 TELE-SKI (SKI AQUÁTICO)

EXPERIMENTE

The Minho Region is one of Portugal's best areas, both for activities with the family and friends and moments of introspection. The Peneda-Gerês National Park lends itself to days of exploring its inner trails: pedestrian routes, baths in the lakes and cascades, mountain sports and the joyous fellowship of a picnic, always in contact with nature.

OUT





EXPERIMENTE



ACTIVITIES

PICNICS

Parque de Merendas
dos Quatro Caminhos
Quatro Caminhos Picnic Park

MATA DA ALBERGARIA

GERÊS SPA
Avenida Manoel Francisco da Costa
Vila do Gerês

OUTDOOR ACTIVITIES

Scale, Slide and Rappelling
in Peneda-Gerês National Park
and Serra da Cabreira

PAINTBALL

CANOEING

ARCHERY

ORIENTEERING

BIRD AND NATURE WATCHING

PATHWAYS

HIKING

Castelo Trail, Currais Trail
Moinho Trail
Águia do Sarilhão Trail
Couto de Souto Trail

MOTO4 EXCURSIONS

PASSEIOS DE BICICLETA TT TT BIKES

HORSE RIDING

CARRIAGE RIDES

4X4 VEHICLES EXCURSIONS

BOAT RIDES

WATER SPORTS

CANIÇADA LAGOON

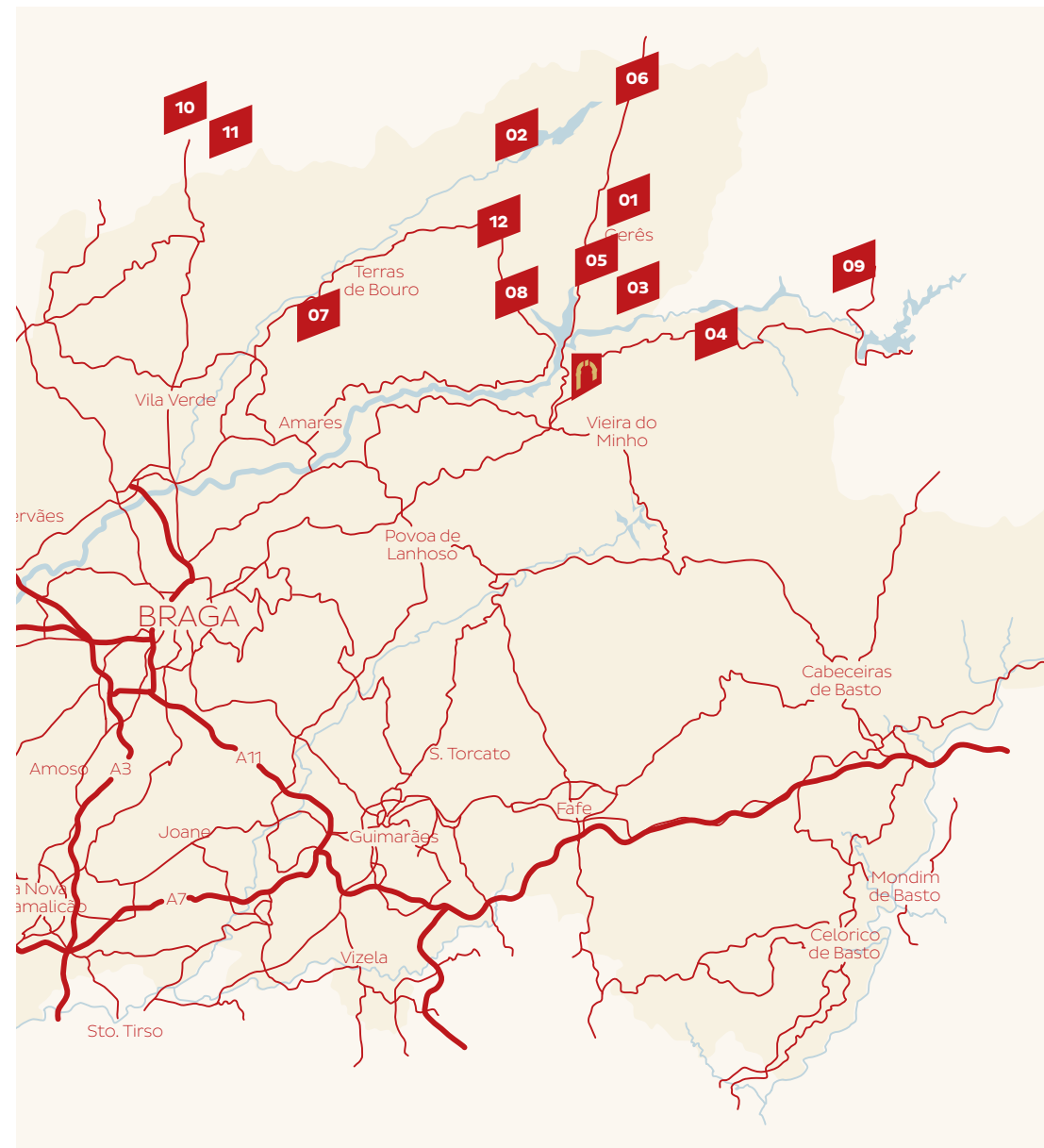
TELE-SKI (WATER-SKI) Barragem do Ermal

EVENTS

PAPAS DE SARRABULHO FESTIVAL EM AMARES February



OUT



DESCUBRA

The Gerês is a true Portuguese treasure, with a fantastic environmental, landscape, historical and ethnographic heritage. Examples of this value include such landscapes as that of the Arado River and the Pedra Bela viewpoint. In addition to the ecological wealth and the environmental purity, the Gerês represents 5,000 years of history, with megalithic monuments and vestiges of the Roman occupation. Staying in this area is an invitation to embark on an adventure to discover these and other elements of the legacy. One can admire the submerged village of Vilarinho das Furnas, the bridge and the legend of Misarela, por the Santa Maria das Júnias Monastery and the typical villages and houses of the Minho Region.

OUT

- | | | |
|---|-----------------------------------|---|
| 01 VILA DO GERÊS | 05 MIRADOURO DA PEDRA BELA | 09 MOSTEIRO DE SANTA MARIA DAS JÚNIAS |
| 02 BARRAGEM VILARINHO DAS FURNAS (ALDEIA SUBMERSA) | 06 PORTELA DO HOMEM | 10 CASTELO DO LINDOSO |
| 03 PONTE E CASCATA DO ARADO ARADO'S BRIDGE AND CASCADE | 07 CASAS TÍPICAS MINHOTAS | 11 CASTELO CASTRO LABOREIRO |
| 04 PONTE DA MISARELA (PONTE DO DIABO) | 08 SANTUÁRIO DE S. BENTO | 12 MUSEU ETNOGRÁFICO DE VILARINHO DAS FURNAS |



DESCUBRA



GERÊS VILLAGE

**VILARINHO DAS FURNAS DAM
(SUBMERGED VILLAGE)**
Parque Nacional da Peneda-Gerês

ARADO'S BRIDGE AND CASCADE
Parque Nacional da Peneda-Gerês

**MISARELA'S BRIDGE
(DEVIL'S BRIDGE)**
Parque Nacional da Peneda-Gerês

PEDRA BELA VIEWPOINT
Parque Nacional da Peneda-Gerês

PORTELA DO HOMEM
Parque Nacional da Peneda-Gerês

**TYPICAL HOUSES OF THE
MINHO REGION**
Paranhos - Amares

S. BENTO SANCTUARY
Rio Caldo

SANTA MARIA DAS JÚNIAS MONASTERY
Pitões das Júnias

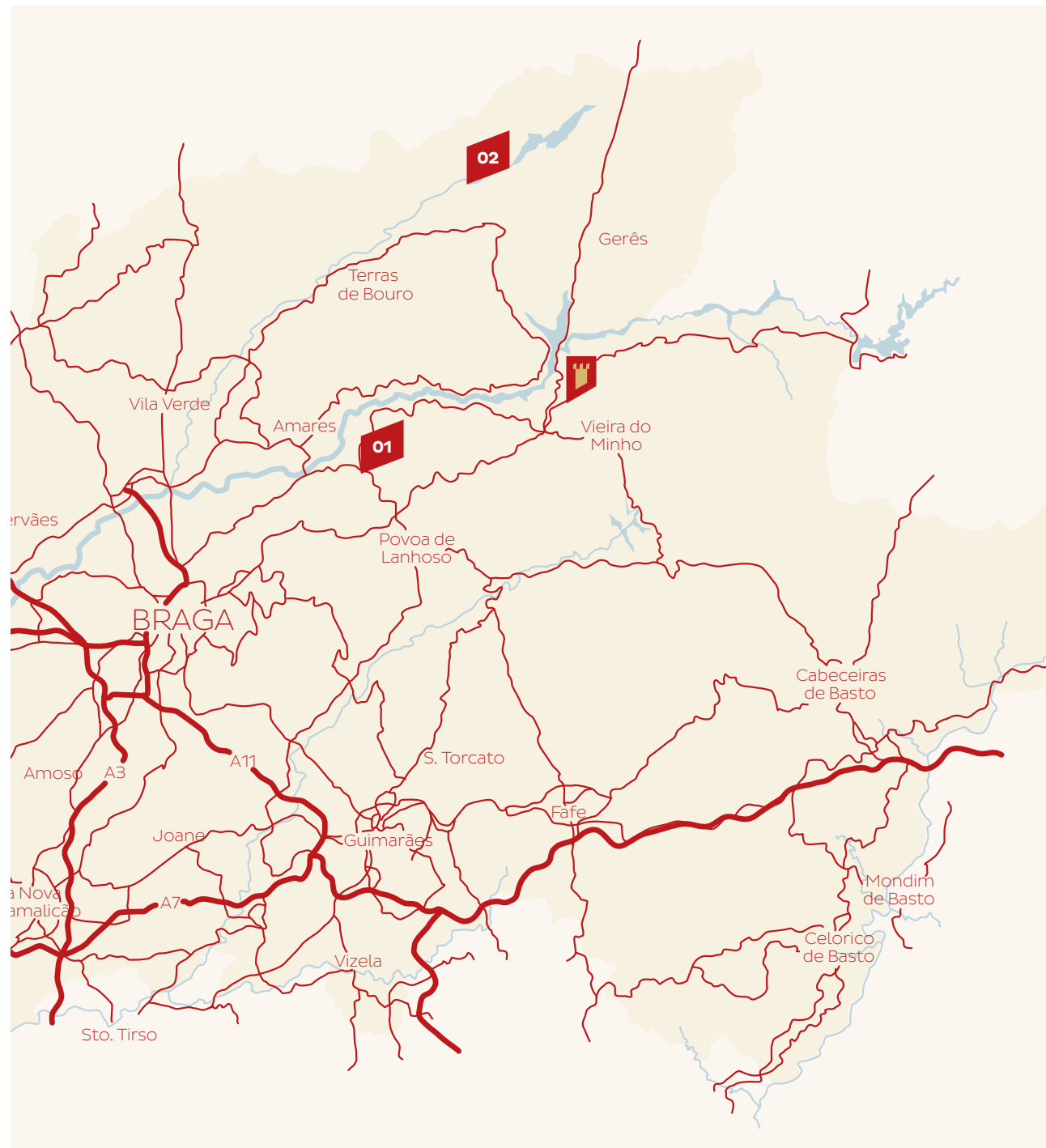
LINDOSO CASTLE
Lindoso, Ponte da Barca

CASTRO LABOREIRO CASTLE
Castro Laboreiro

**VILARINHO DAS FURNAS
ETHNOGRAPHIC MUSEUM**
Campo do Gerês



OUT



- 01** O VITOR
- 02** O ABOCANHADO

SABOREIE

The gastronomy of the Minho Region is the result of centuries of fine cooking, and dishes always have their own distinctive touch. Among the innumerable ways of cooking codfish, those of Minho are the most creative, including the “Bacalhau à Miquelina”, “à Mira da Penha” and “à Narcisa” style. The regional “verde” wine, invariably served fresh, should not be missed at any meal, as neither should the final touch with the traditional conventual confectionery.

OUT



SABOREIE



O VITOR
São João de Rei
Póvoa de Lanhoso

O ABOCANHADO
Lugar de Brufe - Brufe



TYPICAL DISHES

Roasted Lamb with Potatoes, Roasted Kid Rice, Duck Rice Braga style, Roasted Barrosã Beef, Minced Meat Porridge, Rojões à minhota (Pork strips Minho Region style).

DESSERTS

Custard Cream, Orange Pudding, Formigos Cake, French Toast, "Pêras Bêbedas" (cooked in wine), King's Cake, Bread Cake, Natural Oranges.

BEVERAGES
Regional "Verde" Wine.



OUT



Pousada Amares - Mosteiro de Amares
Pousada Crato - Mosteiro do Crato
Pousada Faro - Palácio de Estoi
Pousada Guimarães - Mosteiro de Guimarães
Pousada Lisboa - Terreiro do Paço



Pousada Alcácer do Sal - Castelo de Alcácer
Pousada Alvito - Castelo de Alvito
Pousada Angra do Heroísmo
Pousada Arraiolos - Convento de Arraiolos
Pousada Beja - Convento de Beja
Pousada Belmonte - Convento de Belmonte
Pousada Évora - Convento de Évora
Pousada Estremoz - Castelo de Estremoz
Pousada Horta - Castelo da Horta
Pousada Óbidos - Castelo de Óbidos
Pousada Palmela - Castelo de Palmela
Pousada Queluz - Palácio de Queluz
Pousada Serra da Estrela
Pousada Tavira - Convento de Tavira
Pousada Viana do Castelo
Pousada Vila Pouca da Beira - Convento de Vila P. da Beira
Pousada Vila Viçosa - Convento de Vila Viçosa
Pousada Viseu



Pousada Gerês - Caniçada
Pousada Marvão
Pousada Sagres
Pousada Valença
Pousada Ourém
Pousada Ria
Pousada Alijó
Pousada Condeixa - Coimbra
Pousada Bragança
Pousada Marão

