



PARADORES
NATURIA

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PARADOR DE
VIC-SAU



Parador de Vic-Sau Surroundings

Ready?

The tranquil surroundings are perfect for nature and adventure sports. You can also visit Barcelona. This is the closest Parador to the Catalan capital (82 kilometers by car), allowing you to make the short journey from the hotel for day trips to the cosmopolitan city.

In addition to excursions to nearby sights like Sau Reservoir and Casserres Monastery, the town of Vic is well worth a visit. Its old quarter will transport you back in time, where you will discover such treasures as the Roman temple, city walls and cathedral.

The beauty of the Parador and its surrounding area, its exquisite cuisine and proximity to lovely Barcelona, together with the peaceful natural setting, make this an exceptional place that is sure to fascinate.


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Hotels to enjoy the coast or nature



Parador de Vic-Sau Rooms

How to arrive

From the C-25, take exit 183 towards Roda de Ter (C-153). Turn right onto the BV-5213, which leads directly to the Parador.

Information

Address

Paraje el Bac de Sau | Ctra. de
Tavèrnoles km 10
08500 Vic
Barcelona

Coordinates

41.979.742, 2.361.773

Director

Arturo Gutiérrez González

Services and facilities



The Parador Kitchen

Other menu recommendations include escudella i carn d'olla (chickpea stew), stews with ingredients from the sea and countryside, such as farm-raised chicken with langoustines, bacalao a la catalana (cod in vegetable tomato sauce) and bacalao a la llauna (cod in white wine and garlic sauce). And to finish off your meal, there is a magnificent selection of desserts. You won't want to miss the traditional pa de pesic, a delicious caramelized sponge cake that will satisfy any sweet tooth.

Chef

Josep A. López Toro

Maitre

Lourda M. Ben Belger

Menú para grupos

35

Opening Hours

Desayuno

08:00 - 11:00

Almuerzo

13:30 - 16:00

Cena

20:00 - 22:30





Discover the local area

Vic is the capital of the inland district of Osona, located along the banks of the Meder River in Barcelona province. It has a lovely historic quarter noted for its cathedral. The church, built in the late 18th century, is neoclassical in style. Among its main attractions are a group of wall paintings by Josep Maria Sert inside. A tour of Vic should also include such iconic sights as the Episcopal Palace, situated next to the cathedral complex; porticoed Plaza Mayor (Main Square); Roman temple; Sant Domènech Monastery and La Pietat Church.

After visiting the town of Vic, travelers can continue on to Sant Pere de Casserres Monastery, which dates from the 11th century. Along the route to the Pyrenees, you will find the Garrotxa Volcanic Zone Nature Reserve, Olot and Ripoll.

10 must-visit sites

- Historic town center of Vic
- Romanesque-style Sant Pere de Casserres Monastery
- Romanesque-style Sant Esteve de Tavèrnoles Church
- Les Guilleries - Savassona (natural area)
- Mythical towns and cities: Rupit and Tavertet
- Barcelona, Girona, La Garrotxa, Montserrat and Ripoll

What to do in the area

This area is blessed with a landscape that makes it possible to enjoy a number of active tourism options. The region is formed by streams, crags and a reservoir, creating the ideal conditions for outdoor activities. Trails running through majestic scenery can be done on foot, all-terrain bicycle, horseback or in a 4x4. The calm waters of the Sau Reservoir are the perfect location for water sports. And if you'd like to enjoy a one-of-a-kind view, you can fly over the area in a hot-air balloon.

Expert recommendations

- **TOUR OF VIC**

Walking through Vic's old town is like exploring our country's past and history. A signed route will take you to thirty-two buildings, all of which offer some historic, architectural or artistic interest. Highlights include the 2nd-century Roman temple; 14th-century city walls; cathedral, a blend of Romanesque, Gothic, baroque and neo-classical styles; Market Square and Town Hall. Vic also has one of the best collections of Romanesque art in Europe, on view at the Episcopal Museum. Another permanent collection of paintings worth mentioning are the many works by Josep Maria Sert found throughout the city.

- **SALT DE SALLEN. Location: Rupit**

From Rupit to Sallent Falls along both sides of the stream. Depart from the Plaza Mayor (Main Square) of Rupit just where it begins, taking a street that runs to the left, turning into a trail a little further along. The route ends at a spectacular waterfall, especially amazing during rainy periods. The downhill route passes the ruins of various mills.

- **PR C-40 TRAIL FROM THE PARADOR TO SANT PERE DE CASSERRES MONASTERY**

The route offers incredible views of the natural beauty of Sau Reservoir. Start point: Parador de Vic-Sau End point: Sant Pere de Casserres Monastery Distance: 3.5 km Signage: yellow and white markers (PR), combined with a red marker along many stretches, where the route coincides with different GR trails.

We present our new gastronomic spaces



Pampered Senses

Especia restaurants are Paradores' classic restaurants where we offer a traditional menu made up of starters, meat courses, fish courses and desserts.



The perfect homage

Tamizia restaurants are multifunctional spaces that follow current trends in gastronomy.



Gastronomic mouthfuls

The Marmitia restaurants offer an innovative menu with a wide variety of dishes so that diners can choose their own combination of starter, main and dessert.

Monumental and historic hotels

There are places that become travel destinations through which their history can be discovered: castles, palaces, and old monasteries that receive you today with all the comforts that only Paradores know how to offer, but without losing the essence that made them part of our history.

Hotels to enjoy the coast or nature

Close your eyes and imagine a place far away from the hustle and bustle of daily life. In a landscape surrounded by evergreen mountains, a terrace with sea views, a viewing point from which to observe the flight of the birds over a lake. It is something you have within reach but still haven't discovered, because this trip is closer than you think. That getaway to nature is at Paradores.

Urban hotels at the heart of the city

The luxury and the service of Paradores in an urban setting is what you're looking for. Civia arose to offer a hotel where you don't feel like you're just passing through. The Civia collection is made up of Paradores located in the city or nearby where you'll find everything you need, whatever the reason for your visit.





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