



PARADORES  
ESENTIA

ready to  
**GO!**

PARADOR DE  
SANTO ESTEVO



Parador de Santo Estevo Surroundings

Ready?

77 guest rooms, each of them different, offer views of the green landscape and the amazing Sil River Canyon. At the Parador, you will also enjoy the restaurant terrace beside the chestnut wood; a terrace café in the porter's office cloister; beautiful, spacious function rooms perfect for celebrations; and lovely gardens. Peace and tranquility await in this beautiful place, which also features an exclusive spa with incredible views ... all you have to do is come for a stay.

Starting from the Parador, you can follow a number of unforgettable, unique and beautiful routes in an area that is never overcrowded by tourism. On the Ruta de los Catamaranes (Route of the Catamarans), you will navigate the beautiful Sil River Canyon, which offers a spectacular explosion of color in spring and autumn; the Ruta de los Miradores (Route of the Scenic Overlooks) has lovely picture postcard views of the riverbanks; and the essential Ruta del Románico (Route of the Romanesque) will take you to churches and monasteries dating from the late 12th and 13th centuries, surrounded by magical forests of oaks and chestnuts.

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Monumental and historic hotels



Parador de Santo Estevo Rooms



## How to arrive

The Parador is located in Santo Estevo de Ribas de Sil. The main route is from Ourense, 28 km away via the A-52. Another option is to follow the N-120 towards Monforte de Lemos-Ponferrada until you reach the exit. Large buses cannot access the Parador.

## Information

### Address

Monasterio de Santo Estevo  
32162 Nogueira de Ramuín  
Ourense

### Coordinates

42.417197, -7.685761

### Director

Miguel Castro

## Services and facilities



## The Parador Kitchen

The Parador is surrounded by a forest of oak and chestnut trees. As a result, one of the most important local ingredients is chestnuts, which you can sample in a variety of different recipes, including fried eggs with sautéed horse chestnuts and apple chorizo sausage. The province of Orense is known for making the best octopus in Galicia. You won't want to miss our house specialty, grilled octopus with sautéed turnip greens, or delicious desserts such as bica de Trives (cinnamon topped sponge cake) or bica de Castro Caldelas (traditional sponge cake).

In a land where the culture of wine is ever-present, you will discover a cuisine based on ingredients from nearby rivers and mountains, and traditional Galician dishes. Come and enjoy.

### Chef

José Ramón Rodríguez del Río

### Maître

José Luis Debasa Seoane

### Menú para grupos

36

### Opening Hours

#### Cafetería

11:00 - 00:00

#### Desayuno

8:00 - 11:00

#### Almuerzo

13:30 - 16:00

#### Cena

20:30 - 23:00





## **Discover the local area**

- Catamaran tours

Several craft offer trips to enjoy the landscape of the area

- Lookout tours

Landscape of the rivers Sil and Miño

- Romanesque Tour

Visits to churches and monasteries of the late 12th and 13th centuries

## Spa

Treat yourself to a unique experience: come and relax at our spa. Combine our basic spa regimen with your favorite treatment and allow your mind and body to relax in a unique environment. For further information and reservations, please contact the Parador de Santo Estevo directly (Tel.: 988 010110).

## Services and facilities

- Bubble bath
- Outdoor hydro-massage bathtub
- Treatment rooms
- Bithermal shower
- Scottish shower
- Foot bath
- Active jet pool
- Contrast pool
- Sauna
- Robe service included
- Towel service included
- Ask about other personalized treatments
- Heated loungers
- Flip-flops and cap required
- Women's changing room
- Men's changing room
- Lounge area



## Treatments

- BUBBLE BATH  
20MINS., 15€
- HYDRO-MASSAGE BATH  
20MINS., 15€
- EXFOLIANT FROM DISTANT LANDS  
40MINS., 45€
- DAWN BREEZE WRAP  
30MINS., 40€
- VIP RITUAL | DUSK IN THE RIBEIRA SACRA  
30MINS., 40€
- FOOT WELLNESS  
35MINS., 40€
- HAND WELLNESS  
30MINS., 25€
- VIP RITUAL | NATURE'S TREAT  
10MINS., 15€
- FLOTATION MASSAGE  
25MINS., 15€
- CHILD'S MASSAGE  
15MINS., 15€

## Rates

- BASIC REGIMEN  
Registered guests 25€  
Non-registered guests 30€  
Paradores Amigos (registered guests) 20€  
Paradores Amigos (non-registered guests) 25€

## We present our new gastronomic spaces



### **Pampered Senses**

Especia restaurants are Paradores' classic restaurants where we offer a traditional menu made up of starters, meat courses, fish courses and desserts.



### **The perfect homage**

Tamizia restaurants are multifunctional spaces that follow current trends in gastronomy.



### **Gastronomic mouthfuls**

The Marmitia restaurants offer an innovative menu with a wide variety of dishes so that diners can choose their own combination of starter, main and dessert.

Monumental and historic hotels

There are places that become travel destinations through which their history can be discovered: castles, palaces, and old monasteries that receive you today with all the comforts that only Paradores know how to offer, but without losing the essence that made them part of our history.

Hotels to enjoy the coast or nature

Close your eyes and imagine a place far away from the hustle and bustle of daily life. In a landscape surrounded by evergreen mountains, a terrace with sea views, a viewing point from which to observe the flight of the birds over a lake. It is something you have within reach but still haven't discovered, because this trip is closer than you think. That getaway to nature is at Paradores.

Urban hotels at the heart of the city

The luxury and the service of Paradores in an urban setting is what you're looking for. Civia arose to offer a hotel where you don't feel like you're just passing through. The Civia collection is made up of Paradores located in the city or nearby where you'll find everything you need, whatever the reason for your visit.





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