



PARADORES
NATURIA

ready to
GO!

PARADOR DE
GREDOS

Ready?

In the surrounding area, you can hike mountain trails, including one that will take you up to Circo de Gredos, a glacial cirque from which you can enjoy a view of Almanzor Peak and Laguna Grande de Gredos, a mountain pool. Another equally beautiful spot is the cirque known as Cinco Lagunas. Arenas de San Pedro is a little more than 30 minutes away by car. This lovely town is known for its cultural and historical heritage, and for Águila Caves, one of the marvels of the Tiétar Valley.

PARADORES
NATURIA



Hotels to enjoy the coast or nature



Parador de Gredos Rooms

How to arrive

The Parador is located in Navarredonda de Gredos, 60 km from Ávila and 170 km from Madrid. From Ávila, follow the N-110 for 6 km. Then take the N-502 in the direction of Arenas de San Pedro for 44 km. Turn onto the AV-941 and the Parador is a further 10 km.

Information

Address

AV-941, km. 10
05635 Navarredonda de
Gredos
Ávila

Coordinates

40.355.000, -5.112.910

Director

Eva Legaza López

Services and facilities



The Parador Kitchen

The Parador invites you to enjoy the tranquil atmosphere, breathe in the pure air and experience nature. It is also the perfect place to savor the best in regional cuisine and classic wines matured along the banks of the Douro River.

Menú para grupos

A partir de 27

Opening Hours

Cafetería

11:00 - 24:00

Desayuno

08:00 - 11:00

Almuerzo

13:30 - 16:00

Cena

20:30 - 23:00





Discover the local area

In the area around the Parador, you can hike mountain trails, including one that will take you up to the Circo de Gredos, a glacial cirque from which you can enjoy a view of Almanzor Peak and Laguna Grande de Gredos, a mountain pool. Another equally beautiful spot is the cirque known as Cinco Lagunas. Arenas de San Pedro is a little more than 30 minutes away by car. This lovely town is known for its cultural and historical heritage, and for Águila Caves, one of the marvels of the Tiétar Valley.

You won't want to leave without taking a walk through the spectacular pine wood at Navarredonda de Gredos. This beautiful spot is the perfect place to get away from it all and enjoy the sounds of the forest, which can be reached from the Parador garden.

10 must-visit sites

- **Gredos Cirque:** north side of the Gredos Mountains
- **Pico Pass and Roman road:** enormous historical value
- **Gredos Platform:** 19 km (parking and trailheads)
- **Ávila:** 60 km (cathedral, city walls, museums)
- **Arenas de San Pedro:** 42 km (Monastery of S. Pedro de Alcántara)
- **Ramacastañas:** 35 km (Águila Caves)
- **Mombeltrán:** 27 km (La Beltraneja Castle)
- **Piedrahita:** 37 km (La Asunción Church)
- **Tiétar Valley:** 40 km
- **Jerte Valley:** 60 km

What to do in the area

- Ramacastaña (35 km): Águila Caves
- Cinco Lagunas (31 km): glacial cirque
- Pico Pass (15 km): Roman road
- Jerte Valley (67 km)
- Arenas de San Pedro (46 km)
- Tiétar Valley (40 km)
- Ávila (60 km)
- Gredos Platform (19 km): parking and trailheads

Expert recommendations

• Excursion to Valdeascas

The Valdeascas Gorge is one of the most beautiful areas on the Upper Tormes. Take Cuesta de los Barreros down to Navagredos Campground. After crossing two bridges, the first over the Tormes River and the second over Valdeascas Stream, you will reach the meadow where the source of the Tormes lies. The trail follows the course of the Valdeascas Gorge. On its descent to the Tormes, the water has carved a succession of extremely beautiful pools and rapids out of the hard Gredos granite. This is an idyllic spot for a refreshing dip on a hot summer afternoon.

• Excursion to Laguna Grande and Gredos Cirque

Before reaching Hoyos del Espino (Iberian ibex statue), take the Plataforma de Gredos (Gredos Platform) turnoff. Continue 14 km to the end of the road, where you can park. From there, take the stone path southwest to Las Pozas Meadow. Then turn west to reach Laguna Grande mountain pool. You can stop at the Elola Refuge and enjoy the view of Almanzor Peak before returning. Recommendations: water, food, appropriate footwear. Duration: 5 hours total Level of difficulty: medium

• Excursion to Las Chorreras

Drive down Cuesta de los Barreros to Navagredos Campground. Take the paved trail on the right, which follows the course of the Tormes River to Las Chorreras. The Tormes River drains the northern area of the Alto Gredos mountains. From its source until it flows into the Douro River, it covers 250 km. At Las Chorreras, your destination, enjoy the spectacular waterfalls and rapids that emerge from between enormous rocky crags sculpted in the granite. The crystalline water has formed giant's kettles where you can enjoy the peaceful sounds of nature while sunning on rock slabs.

• Navarredonda Pine Wood walk

The path starts to the right of the Parador parking lot, where you will find an information sign. Following this path to the left, you will reach a clearing where what is known as Peña Histórica (Historic Rock) is located. Follow the main path through the pine wood back to the Parador. Duration: 1 hour total Difficulty: low

We present our new gastronomic spaces



Pampered Senses

Especia restaurants are Paradores' classic restaurants where we offer a traditional menu made up of starters, meat courses, fish courses and desserts.



The perfect homage

Tamizia restaurants are multifunctional spaces that follow current trends in gastronomy.



Gastronomic mouthfuls

The Marmitia restaurants offer an innovative menu with a wide variety of dishes so that diners can choose their own combination of starter, main and dessert.

Monumental and historic hotels

There are places that become travel destinations through which their history can be discovered: castles, palaces, and old monasteries that receive you today with all the comforts that only Paradores know how to offer, but without losing the essence that made them part of our history.

Hotels to enjoy the coast or nature

Close your eyes and imagine a place far away from the hustle and bustle of daily life. In a landscape surrounded by evergreen mountains, a terrace with sea views, a viewing point from which to observe the flight of the birds over a lake. It is something you have within reach but still haven't discovered, because this trip is closer than you think. That getaway to nature is at Paradores.

Urban hotels at the heart of the city

The luxury and the service of Paradores in an urban setting is what you're looking for. Civia arose to offer a hotel where you don't feel like you're just passing through. The Civia collection is made up of Paradores located in the city or nearby where you'll find everything you need, whatever the reason for your visit.





PARADORES

NATURIA

ready to
GO!